

YMCA Shared Services, Inc. Purchasing Program Outline

Business Representative:

Name, Title: Gia Lucy, Owner
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Phone Number: (949) 395-2878
Service Area: States

Products & Services

1. Aqua Body Strong™ Commercial Grade Water Fitness Boards

Description: Designed for indoor and outdoor pools, marinas and lakes, our durable, inflatable, light-weight, aquatic fitness boards are the perfect platform for core stability and fitness training. Refresh your workout with ABS fitness formats like Strength, Flow, Kids, and Active Agers.

Aqua Body Strong™ is the only water fitness board on the market designed for commercial use and engineered to ensure superior safety and stability, featuring 4 points of tethering and our innovative textured, non-slip deck.

Recreational centers, gyms, resorts and individual consumers can be assured of the longevity and quality of their investment, while catering to the demand for new and innovative fitness classes that focus on fun and challenging full body workouts.

2. Aqua Body Strong™ Teacher Training Certification

Description: Aqua Body Strong™ is the ONLY water fitness board that was created by fitness professionals for fitness enthusiasts at all levels. The Aqua Body Strong teacher training is the most extensive educational program available. Combining the knowledge and experience of our Aqua Body Strong™ Advisors, which include fitness trainers, coaches and competitive athletes in multiple disciplines, we have created the ultimate certification platform for water fitness boards.

Aqua Body Strong™ teacher training is designed to prepare instructors to successfully and safely teach a variety of ABS classes to all fitness levels. Approved by AFAA and NASM, trainees receive 8 CEUs for continuing education.

3. Aqua Body Cycle™ Commercial Grade Stationary Pool Bikes

Description: Aqua Body Cycle™ Commercial Grade Pool Bikes combine the low-impact benefits of Aqua Aerobics with the high-intensity thrill of Indoor Cycling. It is an ideal exercise for fitness training and physical rehabilitation.

Aqua Body Cycle™ Commercial Pool Bikes feature:

- Marine grade stainless steel construction.
- Specially designed pedals that ensure greater resistance the faster you pedal.
- Fully adjustable for height and reach; comfortable and durable saddle.
- Rubber wheels attached to the base allow the bike to be lowered into and removed from the pool easily.

4. Aqua Body Cycle™ Teacher Training Certification

Description: Aqua Body Cycle™ was created by fitness professionals for fitness enthusiasts at all levels. The Aqua Body Cycle teacher training combines the knowledge and experience of our Aqua Body Cycle™ Advisors, which include fitness trainers, coaches and competitive athletes in multiple disciplines, we have created the ultimate certification platform for pool bikes.

Aqua Body Cycle™ teacher training is designed to prepare instructors to successfully and safely teach a ABC pool bike classes to all fitness levels and abilities.

Purchasing Program Information

1. Aqua Body Strong™ Commercial Grade Water Fitness Boards

Price is \$545/board + shipping (value of \$100 off retail price) No minimum orders.

2. Aqua Body Strong™ Teacher Training Certification

We will send a certified Aqua Body Strong™ Master Trainer to your facility to train and certify up to 12 of your staff.

Price is \$2,385 (value of \$795)

Required continuing education through the International Aqua Body Strong Network is \$10/person/month (value of \$7.00/person/month)

3. Aqua Body Cycle™ Commercial Grade Stationary Pool Bikes

Price is \$831.00/bike + shipping (value of \$311 off retail price) No minimum orders.

4. Aqua Body Cycle™ Teacher Training Certification

We will send a certified Aqua Body Cycle™ Master Trainer to your facility to train and certify up to 12 of your staff.

Price is \$2,385 (value of \$795)

Required continuing education through the International Aqua Body Cycle™ Network is \$10/person/month (value of \$7.00/person/month)

Order Placement

- Please place all orders via email to gja@aquabodystrong.com
- Please include contact person's name, email address and phone number
- Include the facility's name and mention they are part of YMCA shared services
- Please specify the products and quantities including accessory products
- List your shipping address
- If purchasing a teacher training please list the name, phone number, email address and home address of all trainees, as well as preferred training date.

* Shipping is done via UPS and generally takes 10 business days after receiving final payment.

Billing & Payments

Members of YMCA Shared Services Inc. will be able to pay their invoice via check, money order, credit card, wire transfer or direct deposit.

Additional Services, Rebates & Value

Aqua Body Strong™ is pleased to offer members of the YMCA Shared Services Inc. an additional 5% back to their YMCA, in the form of a donation, when they purchase 10 or more Aqua Body Strong™ Boards **in combination with** 10 or more Aqua Body Cycle™ Pool Bikes.