

ROPEFIT™

JACOBSLADDER™
Serious Cardio



Self-powered
NO OUTLET NEEDED



Self-contained
DOZENS OF EXERCISES ALL IN ONE MACHINE



Self-improvement
PUSH YOURSELF TO SET AND BEAT YOUR PERSONAL BESTS

Toll Free: 866.697.4100 | jacobs ladderexercise.com

Jacobs Ladder, LLC | 6292 Walmore Road | Niagara Falls | NY | 14304
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SERIOUS RESISTANCE TRAINING

First rope climber with a cleanable rope



Five resistance levels for all fitness and strength levels



Two-rope system to quickly change exercise position



Optional seat to adjust your routine



PRODUCT SPECIFICATIONS:

Frame:	Welded Tubular Steel
Width:	30.5"
Length:	45"
Height:	96"
Weight:	285 lbs.
Rope:	Pliable Polymer Covered Rope
Case:	ABS Plastic
Power:	Self-Powered
Ceiling Height Requirement:	8.5 feet
Digital Readouts:	Elapsed Time, Resistance Level, Feet Climbed, Rate (Feet/Min)
Warranty:	4 Years on Parts; 1 Year on Labor

RopeFit: You'll Love to Hate Us Again

RopeFit is the first commercial rope climber providing a full chain exercise for every athlete. Offering the first cleanable rope on the market, its unique two-rope system makes it easy to switch exercises. Plus, with five different resistance levels, RopeFit delivers a serious workout for athletes of all fitness and strength levels.



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